

## New Neighbors



(l to r) **Bobby Boyd**, Coarc staff **Kendra Kisselburgh**, **Richard Moricie** and **Marion Weed** on the front porch of their German Church home. Below, Marion in the living room.

We opened our Ghent home on German Church Road in March for four individuals who moved from our residence on Warren Street in Hudson. Three of the other five people who had lived in the Warren Street home now enjoy their own apartments through our Supportive Community Services program. Two individuals moved into other Coarc residences, replacing two who also moved into apartments. The Warren Street residence, which would require updating for long-term use, is scheduled to close after it temporarily houses individuals from our Chatham home as it undergoes renovations. Once that is completed, everyone there will have their own bedroom.



**Richard Moricie**, in the German Church dining room, looked forward to dinner prepared below by Coarc staff, **John Davi**.



**Bobby Boyd** and Coarc staff **Beth Hogan**



## UPS Grand Tour

**Marc Dorato** (center) loves **UPS**. In April, he and Coarc staff **Danielle Palleschi** visited the UPS facility in Hudson, where Marc had breakfast with the drivers, sat behind the wheel of a truck and assisted with the assembly line. He did morning exercises with the drivers, who gave him a shirt, hats and many other UPS items. Every driver saluted and beeped as Marc watched the fleet depart for deliveries.

## Daffodil Days

Promenade Hill Center staff **Teresa Avery**, assisted by **David LeBlanc** and **Brian Filli**, raised \$2,675 for the **American Cancer Society** through daffodil sales to Coarc employees. **Mary Moore** (l) and **Patsy DiMaggio** (r) came from Dove Hall to Mellenville, helping to deliver all the flowers to Coarc Administration. They are pictured here in front of a spring mural created by our Blended Services program.





# Coarc Polar Plunge

Our Maintenance Department cleared thick ice so 82 swimmers could jump into Upper Rhoda Pond in Copake on Saturday, February 12th, for the third annual Coarc Polar Plunge. The swimmers collected pledges from hundreds of sponsors, raising over \$14,000 to benefit Coarc programs, including new playground equipment at The Starting Place; Safety Town, a bicycle safety and development program for school-age children; and our Recreation Fund, supporting sports and recreation for adults with disabilities.

The Polar Plunge was held at Camp Mahican, our free summer day camp for children experiencing disabilities. **New York State Assemblyman Marc Molinaro** plunged for the second year. **James Chiudina**, who plunged in a superhero cape last year, swam in **DHL** colors to represent DHL's corporate value of social responsibility. **David Lee**, photographer for the *Register-Star*, also plunged again this year. **Emily Drake**, of the **Coxsackie-Athens Girls Basketball Team**, formed a plunge team to raise funds for Coarc and for their team. Firefighters from the **Copake Fire Department** were at the event with their ice rescue gear. The **Greenport Rescue Dive Team** and the **Columbia County Sheriff's Office** were also there. **Main-Care Energy** and **Superior Sanitation** donated supplies and services for the event.

Media sponsors were radio stations **98.5 The Cat**, **Cruisin' 93.5** and **1230 WHUC**. Pictured below, **Jarrod Tompkins** recorded public service announcements to promote the plunge on the stations.



### Media Sponsors



## Grants to Coarc

Columbia County Department of Social Services/Federal American Recovery and Reinvestment Stimulus Funding  
Hudson Elks Lodge 787  
Hudson River Bank & Trust Co. Foundation  
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**Hudson River Bank & Trust Co. Foundation** awarded Coarc a \$10,000 grant to purchase an industrial-grade paper shredder capable of processing large quantities of confidential documents for recycling. Shredding for recycling also provides job opportunities through Coarc's Blended Services Program. **Bobby Boyd** displayed a sample of completed work. Our old shredder could only be used for one hour a day before overheating. The new equipment will provide employment up to eight hours per day, five days a week and reduce the cost of an outside vendor.



A \$500 grant from **Stewart's Holiday Match** funded this new piece of playground equipment for The Starting Place, our preschool, prekindergarten and day care center. **Harper Erdmann** got a lift from **Anna Kraft** off "the rock," the children's nickname for the new recreational attraction. Current playground safety and performance standards call for updating the center's outdoor equipment. The **Columbia County Department of Social Services** awarded \$10,000 of federal American Recovery and Reinvestment stimulus funds to The Starting Place, which will be applied towards purchasing a new structure. Community support through Coarc's Polar Plunge raised funds for this project, in addition to funds for other Coarc programs.



## 2010 Coarc Members

A strong membership gives us a greater voice to advocate for  
Columbia County Individuals Experiencing Disabilities

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 Bronze Members \$25-\$49  
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 sponsors and golfers.

**Become a 2011  
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 at [www.coarc.org](http://www.coarc.org)**

or call **518-672-4451**

Coarc is a 501(c)(3) nonprofit organization. We are the Columbia County Chapter of NYSARC, Inc. and a member of The Arc of the United States, the New York State Rehabilitation Association, Inc. (NYSRA), and the New York State Association of Community and Residential Agencies (NYSACRA).



(l to r) **Jacquelyn Saunders, Heidi Howard, Barbara Mason, Walter Mahar** and **Cheryl Greene** received bonuses as graduates of our Career Advancement Program, which is funded by an **OPWDD** Quality Improvement Program/Workforce grant.



**Ashley Stickle** (l) and **Bill Rosecan** (r), with staff **Tina Gaylord**, sold Easter Basket raffles to fund the 4 Ourselves Self Advocates' dues, activities, conference costs and charitable contributions.



**Alex Durham**, who attends Dove Hall, received his first paycheck for his job at the **Claverack Market** through our Work It! program.



(l to r) Coarc Columbia Work Link's **Bill Peele** with **Connie Ferrell** of Integrated Services, who drew a crowd to Mellenville in April to hear her speak about "Supporting Employment: Why Work Works!"

(above, right) 4 Ourselves Self Advocates **Ashley Stickle** (far l) and **Jamie Weaver** (far r) with Coarc staff (center, l to r) **Suzanna Moe, Chrissy Budzinski** and **Sharon Almstead**, met with legislators in Albany during NYSACRA Lobby Day in February, asking them to preserve funding for disabilities services.

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**Save These 2011 Dates****Coarc March in the  
Hudson Elks Flag Day Parade**

Saturday, June 11  
 Warren Street, Hudson

**Annual Membership Meeting**

Monday, June 20  
 Coarc, Mellenville

**Coarc Live Well Health Fair**

for our Consumers,  
 Employees & Families  
 Wednesday, June 22  
 Coarc, Mellenville

**10th Annual Fishing Derby**

for our Consumers  
 Saturday, June 25  
 Upper Rhoda Pond, Copake

**American Red Cross  
Blood Drive**

Thursday, July 28  
 Coarc Prospect Place, Hudson

**Coarc OpportuniTees  
Gerald J. Dieffenbach  
Memorial Golf Tournament**

Thursday, September 15  
 Rain Date: Thurs. Sept. 22  
 Columbia Golf & Country Club  
 Claverack, NY

**Operation Pumpkin  
Haunted House**

Saturday, October 29  
 Coarc Promenade Hill Center,  
 Hudson