

COARC TBI SERVICES

How does an individual receive COARC TBI Services?

To enroll in COARC's TBI Services program, contact:

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518-672-4451 x 3422
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COARC TBI Services are available through the Home and Community-Based Services Medicaid Waiver for Individuals with TBI (HCBS/TBI Medicaid Waiver). To be eligible, an individual must:

- Have a diagnosis of TBI or related diagnosis.
- Be eligible for nursing facility level of care.
- Be enrolled in the Medicaid Program.
- Be 18-64 years old (Individuals injured before the age of 22 may be eligible for services under a waiver operated by New York State Office For People With Developmental Disabilities (OPWDD)).
- Be given a choice of living in the community or in a nursing facility.
- Have or find a living arrangement which meets the individual's needs.
- Be able to be served with the funds and services available under the HCBS/TBI Waiver and New York State Medicaid State Plan.

COARC will guide you through the HCBS/TBI Medicaid Waiver process.

Private pay services are also available.

COARC Celebrates 45 Years

FORTY-FIVE YEARS AGO . . .

A small group of parents and interested community members within Columbia County came together to provide a place for their children who experienced developmental disabilities to live, work and be educated. This dedicated group received an official charter from NYSARC, Inc., our state organization, on May 5, 1965. Now COARC serves more than 500 people experiencing disabilities and employs over 400 staff members as the Columbia County Chapter of NYSARC, Inc.

OUR MISSION

To expand abilities, one person at a time, so individuals experiencing disabilities can achieve their individual goals.

OUR VISION

To be an ethical organization that is part of a society that recognizes people with different degrees of abilities as full contributing members of their community.



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Services & Employment
applications are available
online at www.COARC.org



TRAUMATIC BRAIN INJURY SERVICES

Forty-Five Years of
Expanding Abilities in
Columbia County, NY,
Supporting Individuals who
Experience Disabilities



COARC TRAUMATIC BRAIN INJURY SERVICES...EXPANDING ABILITIES, ONE PERSON AT A TIME

What is a Traumatic Brain Injury (TBI)?

A Traumatic Brain Injury is an injury to the brain which is not hereditary, congenital or degenerative. It may include brain damage resulting from events, such as:

- Stroke
- Aneurysms
- Anoxia from near drowning.

TBI may also include traumatic damage to the brain when the head:

- Hits a stationary object.
- Is hit with a moving force.
- Is penetrated.
- Is violently shaken by an external force.



COARC Traumatic Brain Injury Services

With forty-five years of experience supporting individuals who experience developmental disabilities, COARC professionals now provide support services to adults with traumatic brain injuries who live in either Columbia County or Greene County, New York.

What TBI Services does COARC offer?

Service Coordination

A COARC Service Coordinator is responsible for supporting the TBI survivor to identify his or her unique wishes and needs. This is key for individual choice and satisfaction within the program. The Service Coordinator also promotes activities to increase the individual's independence and life satisfaction.

A COARC Service Coordinator:

- Assists in arranging for daily living supports and services to meet the individual's needs.
- Assists in the integration of the individual in the community of his/her choice.
- Helps in increasing the individual's productivity and participation in meaningful activities.

Independent Living Skills Training and Development

This service improves and maintains the individual's community living skills so that the individual can live as independently as possible. This is primarily done through one-to-one training in the individual's residence and in the community, focusing on practical needs, such as:

- Shopping
- Cooking
- Money management
- Use of public transportation

Structured Day Programs

These programs improve and maintain the individual's community living skills in a group non-residential, non-medical setting. The programs focus on the development of social, problem-solving and task-oriented skills.

Intensive Behavioral Programs

These programs eliminate or reduce an individual's severe maladaptive behavior which, if not modified, will interfere with the individual's ability to remain in the community.

Intensive Behavioral Programs are provided in the individual's home and in the community. They are provided by a highly trained team, to the individual, his/her family, or anyone else who has significant contact with the individual.

Community Integration Counseling

This service assists the individual, family and other significant individuals to manage the stresses and difficulties associated with the participant's living in the community more effectively.

Is Transportation to COARC included?

No, transportation to and from the COARC TBI Services Program must be arranged through the county or through a transportation provider. **A COARC Service Coordinator can help arrange this.**