



# NEWS RELEASE

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**FOR IMMEDIATE RELEASE**

## **COARC Dances Through Time at HVAPA**

**Mellenville, New York** (May 6, 2008) Hudson Valley Academy of Performing Arts offers time travel in motion when it presents "COARC Dances Through Time" on Thursday, May 15<sup>th</sup> at 11:30 am to 12:15 pm. Dancers who attend various COARC programs will perform popular social dances from the 19th century to the present, including ragtime, jitterbug, swing, disco, country western and hip hop. The event is free to the public and light refreshments will be served.

Debra Hughes, Director of Hudson Valley Academy of Performing Arts, has choreographed this performance and trained the dancers at twice-weekly rehearsals for several months. She states that their energy, enthusiasm and dancing ability will amaze and delight all who come to watch this show. This program has been supported by the COARC Arts Endowment Committee and by the Fund of Columbia County, a fund of the Berkshire Taconic Community Foundation.

Hudson Valley Academy of Performing Arts is located at 957 Route 82, a quarter mile west of the Taconic Parkway in West Taghkanic, NY. Information and directions are available at 518-851-5501 or [www.hvapa.com](http://www.hvapa.com).

COARC is a Columbia County not-for-profit organization whose mission is expanding abilities, one person at a time, so individuals experiencing disabilities can achieve their personal goals. COARC provides an array of services and programs that benefit more than 600 individuals and it employs more than 400 area residents. Information about employment, program services, membership and donation opportunities at COARC is available at [www.COARC.org](http://www.COARC.org) or 518-672-4451.

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